

FCCLA Healthy Heroes fight Childhood Obesity!

Tuesday, February 3rd, the three Brownsboro FCCLA Healthy Heroes, Dannielle Johnson, Danielle Bynum and Kaesey Watters, arrived at Brownsboro Elementary in full superhero costume to put on a program for First Grade.

After a puppet show encouraging healthy snack choices, the Healthy Heroes spoke to the young students challenging them to become Healthy Heroes too, by trying to make better food choices. They passed out a brochure and a pledge card that the three Brownsboro High School students had designed and written themselves. The brochure includes a word search of healthy foods, a color page and nutritional recipes.

The three Healthy Heroes are not finished with their fight against this dastardly foe - an enemy that robs children of good health, long life and self-esteem. In their plans is a web page linked to the Brownsboro ISD web site, recognition of elementary students as Healthy Heroes of the week, additional class presentations, a teachers' curriculum teaching good nutrition practices, teaching lessons including preparing a healthy snack in elementary classrooms and developing state and federal contacts that would hopefully gain their project state and national attention.

These students started this as a project for competition in the FCCLA Star Events. They did place second at Regional competition and are now slated for State competition in April and if successful there, would then be headed to Nashville, Tenn. for National competition. But, what started as a project has become a personal passion for these three examples of the excellent students at Brownsboro High School. They truly are Super Heroes!



Courtesy Photos



The Brownsboro FCCLA Healthy Heroes do their part to help in the fight against Childhood Obesity. The costumed hero-students are Dannielle Johnson, Danielle Bynum and Kaesey Watters.

Staples elected as 2009-2010 FCCLA Regional Officer



Christina Staples

Christina Staples has just been elected a 2009-2010 FCCLA Regional Officer. She is Vice President of Star Events.

Christina Staples, daughter of Ms. Linda Johnson who is an active member in FCCLA's booster club, is a junior at Brownsboro High School. She is involved in various extra-curricular activities including National Honor Society (NHS), NASA's High

School Aerospace Scholars program (HAS) and FCCLA.

In 2006-2007, Christina was the FCCLA reporter and in 2007-2008 she became the FCCLA treasurer. Recently, Christina competed in the regional level competition, and thanks to her advisors Mrs. Haggerty and Mrs. Giles, Christina will be attending State in Corpus Christi as a Star Event judge and will be

making her way to Nashville, Tennessee to participate in Nationals as a regional officer.

Christina is also an employee of Y's Hometown Foods in Brownsboro and is an active member of Faith Temple Full Gospel Pentecostal Church of Frankston, Texas.

Christina is the first Regional Officer in the history of Brownsboro High School FCCLA! Congratulations, Christina Staples.

Chandler 4-H News

Chandler 4-H met for its regular monthly meeting at Faith Baptist Church in Chandler on February 3 with 22 youth, including one new member, and 13 adults present.

Cassidy Petty reported that he placed 9th in class with his Jersey heifer and 5th in showmanship at the Fort Worth Stock Show recently. Congratulations, Cassidy!

We drew for the winners in our fundraising raffle. One of our own members, Colby Elkins of Chandler, won the shotgun, and Kathy Skiles of Murchison won the gift card. Club members now are selling raffle tickets for a four-wheeler at \$10 apiece to benefit Henderson County Livestock Show Supporters who raise funds to add on

to premiums received for market animals who place sufficiently high to be sold at the premium sale climaxing each year's show.

Our program was presented by Paul McMillan on the important subject of gun safety. We appreciate very much the information he shared.

Our next meeting will be at our usual location on March 3, at 7pm.

Livestock shows at San Antonio and Houston, as well as our county show (week of March 23) are coming up soon.

In observance of President's Day, CNB Lobbies will be closed Monday, February 16th.

For your CONVENIENCE our drive-thru will be OPEN:

8:00am - 1:00pm • 739 E Tyler St. • Athens

9:00am - 12:00pm • 115 W Royall Blvd. • Malakoff

8:00am - 12:00pm • 230 Hwy. 31 E • Chandler

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★ Old Glory

(Continued from page 4)

Like you'd throw a dog a bone!

He died drunk early one mornin'

Alone in the land he fought to save;

Two inches of water in a lonely ditch

Was a grave for Ira Hayes."

A year and a half later, Ira put on his old Marine uniform and hitchhiked all the way across the country to the South Texas town of Harlingen. Late one evening, he knocked on the door of Mrs. Belle Block and told her what she already knew, but the world had refused to believe, "That's Harlon right there."

They created an Iwo Jima Monument in Harlingen. In 1949, Harlon's body was brought home from Iwo Jima where over 6,000 Marines and 20,000 Japs died and re-interred, and in 1955 he was moved to a place next to the monument.

Note: I was stationed at Dyess AFB in Abilene, Texas from Sept. 1957 until Feb. 1960 with two Pima Indians named Shakespear and Gatewood who were cousins of Ira Hayes. One night they revealed to me how he died, long before it became public knowledge.



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